



INSTITUTE FOR
CHRISTIAN
PRACTITIONERS

Prospectus 2025

STRUCTURED CPD PROGRAMMES



PROSPECTUS FOR 2025

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Institute for Christian Practitioners

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INTRODUCTION

The Institute for Christian Practitioners (ICP) provides Continuous Professional Development (CPD) workshops and other programmes.

The Structured CPD workshops and other programmes serves as enrichment and personal and professional development for all Christian religious Practitioners.

The programmes offered by the ICP are for vocational enhancement and professional acknowledgement within the organisation. These programmes do not translate to academic acknowledgement and do not bear any academic credits.

LEADERSHIP

MESSAGE FROM HEAD AND FOUNDER

The Institute for Christian Practitioners (ICP) is an online training provider that offers Continuous Development (CPD) programmes and workshops. The CPD programmes serve to enrich Christian religious practitioners and lead to vocational enhancement, as well as personal and professional development. All programmes are offered online and bear CPD credits awarded by appropriate professional councils, namely the Council for Christian Pastoral and Spiritual Counsellors (CPSC) or Council for General Ministry Practitioners (CGMP). CPSC and CGMP are specialist councils of the Association of Christian Religious Practitioners (ACRP), a newly registered professional body (registered by SAQA). The Association of Christian Religious Practitioners provides two kinds of services, namely professional body services and training support services. These two groups of services are closely related: to be a professional assumes that the person was trained for the profession. With this in mind, ACRP's mission statement (strategic focus) brings training and professionalisation together. (www.acrpafrica.com)

The Council for Pastoral and Spiritual Counsellors (CPSC)

The purpose of the professionalisation of Christian Religious Practitioners is to ensure adherence to national standards of training, ethical practices, continuous professional development and lifelong learning. (www.acrpafrica.com/council-for-pastoral-and-spiritual-counsellors-cpsc.html)

The Council for General Ministry Practitioners (CGMP)

This council provides services to ministry leaders in general and specialists in sub-disciplines such as youth ministry. For more information see <http://www.acrpafrica.com/general-councils.html>

Background to the Institute for Christian Religious Practitioners (ICP)

The ICP developed from the Institute of Christian Psychology (Germiston Campus of *Die Afrikaanse Protestantse Akademie* NPC) that offered degree (BA and B Psych) courses and Christian counselling courses. The main focus of these courses was on the Human Sciences and related subjects, such as Psychology, Industrial Psychology, Christian Psychology, Sociology, Education and Christian Counselling.

Christian Psychology is an approach to Psychology that emphasizes a holistic approach to the scientific study of human behaviour. A holistic approach includes the critical studying of human behaviour on an intra-psychological, interpersonal, socio-economic and spiritual level.

The Institute for Christian Practitioners emerged from the academic offerings presented by the Institute of Christian Psychology and the observed needs in training identified to provide vocational training for life-long learning. This focus is the beginning of a new season for the ICP that is full of promise as a change in season is symbolic of development and growth. Solomon states in Ecclesiastes 3:1: "To everything there is a season, and a time for every purpose under heaven; A time to be born, a time to die; a time to plant, and a time to pluck up that which is planted; A time to kill, and a time to heal; A time to break down, and a time to build up;..." In this season the ICP aims to contribute to the professionalisation of Christian religious practitioners in South Africa.

We have highly talented and committed teaching and support staff members working together to provide an environment in which practitioners can thrive. Our doors are open to all practitioners as we respect and value diversity. We place a high premium on Christian spirituality and opportunities as well as support for spiritual development and growth are provided.

Christian faith serves as the backbone for all our activities as well as instilling hope, love and service. We strive to serve the communities of South Africa and welcome everybody interested in sharing this ideal.

PRESENTERS OF PROGRAMMES/WORKSHOPS

TUTORS

- Prof dr NL Joubert: Head of Institute for Christian Practitioners: BA (Psychology, Afrikaans-Nederlands & Biblical Studies), HED, BA Hons (Psychology), MA (Counselling Psychology), Master's degree in Online and Distance Education (MAODE), PhD (Psychology)
- Mr WM Joubert: MBA
- Ms D Oosthuizen: BA, B Psych (Psychology)

LANGUAGE OF INSTRUCTION

The primary language of instruction at the Institute for Christian Practitioners is English.

LEARNER RESOURCES REQUIRED

- Access to internet
- Valid email address
- MS Word 2010 or later
- The ICP corresponds via email with learners

APPLICATIONS

HOW TO APPLY

You can use the following methods to apply for studies:

- Request an application form from the ICP administration offices. Contact Ms A van Staden at:
 - Telephone number: +27 (0) 71 493 4543 (mobile)
 - Email: antoinette@icp.org.za (**preferred**)

Completed application forms, must be emailed to the antoinette@icp.org.za

DOCUMENTATION TO INCLUDE WITH YOUR APPLICATION

- Proof of payment of application fee of R 130.
- Completed application form
- Certified copy of ID of prospective learner

PAYMENT

- A non-refundable application fee of R 130 must be included with your application form.
- Upon notification of acceptance by the ICP a non-refundable registration fee (100% of the fees) is payable.

Note: Study fees cannot be carried over from one study cycle to the next.

GENERAL TERMS AND CONDITIONS

- Terms and conditions apply (documents are made available on request).
- Subjects and syllabi are subject to change without prior notice.
- Programmes/workshops will be presented if learner numbers permit.
- Textbooks: Note that the study material including study letters, study manuals and video material are included in the programme fees, **but prescribed textbooks have to be purchased by the learner.**
- All learning programmes have a strong e-learning component.
- Some programmes incorporate compulsory practical work.

LEARNER SERVICES

PLANNING OF STUDIES

Planning of studies is valuable in that it will not only increase the learner's understanding of the journey he/she is about to embark on, but also help him/her to set realistic goals in terms of his/her studies. Some of the issues in programme planning include:

- Choosing an appropriate programme
- Exposition of the programmes/workshops
- Impact on family life
- Time factor
- Commitment
- Career possibilities

Prospective learners interested in programme planning are advised to contact Ms A van Staden, **via email**, at the ICP.

E-LEARNING

- Electronic delivery of study material and study related information
- Electronic submission of assessments
- Online learning activities through forums, online journals, podcasts and e-portfolios (where applicable).

E-LEARNING SUPPORT

- Available e-learning support

STUDY METHODS

ICP learners have access (on request) to study methods notes previously offered by the ICP. The following topics are discussed:

- A general approach to studies
- Learner preparation
- Learning techniques
- Research tips
- Reading and note-taking tips
- Writing and exam-taking tips

Glory in his holy name; let the hearts of
those who seek the Lord rejoice.
1 Chronicles 16:10

STRUCTURED CPD PROGRAMMES

These Structured CPD Programmes are meant for Christians in counselling or teaching positions and equip learners to understand and apply Christian counselling techniques. All programmes bear 15 CEU points. **A certificate of completion is issued upon successful completion.**

PROGRAMMES ARE OFFERED IN THE FOLLOWING CYCLES

- 27 January – 6 April
- 14 April – 22 June
- 30 June – 7 September
- 15 September – 23 November

PROGRAMME TITLE	FEE
<p>CCOA - Christian Counselling A</p> <ol style="list-style-type: none"> 1. Overview of Christian Counselling 2. Introductory Issues <ol style="list-style-type: none"> 2.1. Changes in Counselling 2.2. The Counsellor and Counselling 2.3. The Church and Counselling 2.4. The Community and Counselling 2.5. The Core of Counselling 2.6. Legal, Ethical, and Moral Issues 2.7. Multicultural Issues in Counselling 3. Prominent Issues <ol style="list-style-type: none"> 3.1. Depression 3.2. Anxiety 3.3. Anger 3.4. Guilt and Forgiveness 3.5. Loneliness 	R 2515.00
<p>CTCA - Crisis and Trauma Counselling A</p> <ol style="list-style-type: none"> 1. Traumatology <ol style="list-style-type: none"> 1.1. Definition and Descriptions 1.2. The Effects of Trauma 1.3. Types of Trauma 1.4. Post-Traumatic Responses 1.5 A Biblical Approach to Trauma 	R 2515.00
<p>MCOA - Marriage Counselling A</p> <ol style="list-style-type: none"> 1. The marriage covenant 2. Principles and development of a marriage 3. Family History, Communication & Conflict 4. Finances 5. The role of the community 6. The sexual relationship 7. Celebrations & Gifts 8. The role of the community 9. Spirituality & marriage 10. Divorce & remarriage 11. The marriage counselling process 	R 2515.00

<p>CCOB - Christian Counselling B</p> <ol style="list-style-type: none"> 1. Self-Awareness 2. Interpersonal and Identity Issues <ol style="list-style-type: none"> 2.1. Ethics of Sexuality 2.2. Inferiority and self-esteem 2.3. Physical illness 2.4. Singleness 3. Control Issues <ol style="list-style-type: none"> 3.1. Mental disorders 3.2. Alcohol related disorders 3.3. Addictions 3.4. Financial counselling 3.5. Vocational counselling 	R 2515.00
<p>CTCB - Crisis and Trauma Counselling B</p> <ol style="list-style-type: none"> 1. Assessment, Treatment and Interventions <ol style="list-style-type: none"> 1.1. Assessment 1.2. Treatment 1.3. A Biblically Based Approach to Counselling/Therapy 1.4. Crisis Intervention 	R 2515.00
<p>CTAB - Counselling the Adolescent B</p> <ol style="list-style-type: none"> 1. Theoretical Concepts of Adolescents and Counselling 2. Challenges when Counselling the Adolescent 3. Sex and drugs 4. The counselling process 5. Mediation & Contracting 6. Problem solving and time management 7. Identity 8. Forgiveness 9. Avoiding Counsellor Burnout 	R 2515.00
<p>DMTA – Developmental Theory A</p> <p>Developmental Psychology</p> <ol style="list-style-type: none"> 1.1. Theoretical Perspectives 1.2. Biological Influences 1.3. Environmental Influences 1.4. Physical Development 1.5. Theories of Cognitive Development 1.6. Intelligence 1.7. Emotional Development 1.8. Temperament and Self-concept 1.9. Moral Development 1.10. Theories of Adult Development 1.11. The Roles and Identities of Adulthood 	R 2515.00
<p>HIVB – HIV/AIDS Counselling B</p> <ol style="list-style-type: none"> 1. Facts about HIV/AIDS 2. Prevention and empowerment 3. HIV/AIDS Counselling 4. Care and support 5. Legal, ethical and policy issues 6. A Biblically Based Systemic Perspective 	R 2515.00
<p>BIBA – Biblical Studies A</p> <ol style="list-style-type: none"> 1. Exegesis (Bible interpretations) 	R 2515.00

BIBB – Biblical Studies B 1. Exegesis (Bible interpretations) 2. The Gospels	R 2515.00
L10T – Luke 10 Transformation A 1. Learning how to adopt a lifestyle of following Jesus every day everywhere you go. 2. This prayer, care & share course is based on Jesus’ sending of the seventy two disciples in Luke 10.	R 745.00
L10T – Luke 10 Transformation B 1. Learning how to teach others to do Luke 10 Transformation (L-10-T) practically. 2. This course is the foundation of becoming an L-10-T Master Trainer.	R 745.00

METHOD OF TUITION:

Open-distance (E-Learning)

- Study letters
- Study manuals
- Prescribed reading
- Video Material (where applicable)
- Forums

ASSESSMENT:

Formal

- Bi-weekly Quiz

Continuous

- Online work

Work-integrated learning

- Practical work

WHO SHOULD APPLY?

- Christian Counsellors
- Pastoral Counsellors
- Psychologists
- Psychiatrists
- Social Workers
- Teachers

This is what the Lord Almighty said:
‘Administer true justice; show mercy and compassion to one another.
Do not oppress the widow or the fatherless, the foreigner or the poor.
Do not plot evil against each other.’
Zechariah 7:9-10

PRAYER AND INTERCESSION WEEKEND RETREATS & L-10-T WEEKEND COURSES

Prayer and Intercession weekend retreats, as well as L-10-T Weekend courses are also available. Details for these courses are set out below.

Place: ICP, 7 1st Avenue, Lambton, Germiston.

Presenter: Willem Joubert (CV on website)

Language: English (Afrikaans is an option if the courses are presented in a requested location)

Denominational bias: The courses are intended for believers from any Bible believing Christian denomination that at least endorses the Creed of Nicea. The courses do not focus on beliefs that which highlights denominational differences. The basis is the Bible as the Word of God.

What to bring: Your Bible, pen and notebook (and the materials of the previous course, should you attend an advanced course such as L-10-TB or advanced prayer)

Schedule

A:

Friday: 18:30 - 21:00 (2 contact hours)

Saturday: 8:30 - 17:30 (7 contact hours) (Light lunch included)

Sunday: 8:30 - 13:00 (4 contact hours)

Total: 13 contact hours

Or B:

Friday: 18:30 - 21:00 (2 contact hours)

Saturday: 8:30 - 21:00 (10,5 contact hours) (Light lunch and dinner included)

Total: 12,5 contact hours

Or C

Friday: 18:30 - 21:00 (2 contact hours)

Saturday: 8:30 - 17:30 (7 contact hours) (Light lunch included)

Sunday: 8:30 - 15:00 (5,5 contact hours) (Light lunch included)

Total: 14,5 contact hours

For L-10-T there will be two different weekends running on schedule A (initially).

Weekend type A: L-10-TA:

- Learn how to do L-10-T.
- The outcome will be that the student will be able to do L-10-T every day and will be able to make it a lifestyle of prayer, care and share.

Weekend type A: L-10-TB:

- Learn how to teach others (including children) to do L-10-T
- The outcome will be that the student will know how to teach L-10-T, know the lesson behind the lesson and will know how to teach in different settings such as congregations, schools, prisons and organisations. The student will have the tools to become an L-10-T Trainer or Master Trainer.

Prerequisite: L-10-TA

L-10-T A and B are also available online

Prayer and Intercession

Prayer and Intercession is presented in three courses:

1. Introduction to Prayer (IP) (Retreat Style Schedule A)
2. L-10-TA (Retreat style as described above or online)
3. Advanced Prayer (AP) (Retreat Style Schedule A)

Introduction to Prayer (IP)

The IP course is intended for believers who want to know more about Prayer and Intercession and how to improve their way of doing it. The modules covered are amongst others:

- What is prayer?
- Why pray?
- The model prayer.
- Different types of prayer and intercession.
- Listening Prayer
- How to improve your prayer life from where you are.

Outcomes: The foundation of prayer and intercession for each student will be strengthened. On the foundation many rooms representing different types of prayer will be built or strengthened. Each student will have the opportunity to pray (mostly alone, or voluntarily in groups), thereby building their house of prayer and will have a building plan on how they will continue to build their prayer life after the course.

Advanced Prayer (AP)

The AP course builds on the IP and L-10-TA courses. (Only the IP course is a prerequisite for the AP course; L10TB is recommended).

The AP course assists the believer to go deeper with God in faith and prayer and intercession.

The modules of the AP course cover amongst others:

- Praying the Word
- Fasting and Prayer
- Praying for an hour
- Practising the Presence of God
- Contemplative Prayer

Outcomes: The AP course will allow students to come closer to God in prayer. Each student's house of prayer will have some rooms completed and some rooms will start to be get a roof on. Students will receive the tools to complete their personal house of prayer over time and even to decorate some rooms. Each student will have the opportunity to practice the aspects of prayer learned (mostly alone, or voluntarily in groups). Each student will leave the course with a plan on how to continue to build their prayer life to come closer and closer to God.

Cost:

R745 per person for the dates given.

- R130 non-refundable registration fee.
- R745 course fee payable 4 days before the course start date.
- Course fee includes lecture notes, tea/coffee and a light lunch on Saturday.

Accommodation/restaurants/take-aways in the vicinity of the ICP.

Students wanting accommodation or food (outside the food supplied) will be given a list of possible guesthouses or lodges in the vicinity of the ICP. Costs and reservations for such accommodation/food and traveling to the ICP are the student's own responsibility.

ACCOMMODATION IN GERMISTON

Here are guest houses/lodges to choose from:

NAME OF ESTABLISHMENT	CONTACT NUMBER	DISTANCE FROM ICP
Road Lodge	+27 (0)11 827 1550 / 2935	Walking distance (± 5 minutes)
African Elephant Guest House	+27 (0)73 844 7224	Walking distance (± 5 minutes)
Lion's Rest Guest House	+27 (0)11 824 4672	Walking distance (± 5 Minutes)
African Manor Guest House	+27 (0)11 824 1750	Walking distance (± 15 minutes)

WHERE TO EAT IN GERMISTON

Here are restaurants to choose from:

NAME OF ESTABLISHMENT	DISTANCE FROM ICP
Burger King	Walking distance (± 10 minutes)
Nandos	Walking distance (± 10 minutes)
Pizza/Burger Perfect	Walking distance (± 10 minutes)
Debonairs Pizza	± 20 Minutes away
Roman's Pizza	± 20 Minutes away
Woolworths	± 20 Minutes away
Pick n Pay	Walking distance (± 10 minutes)
McDonalds	± 20 Minutes away

Weekend Dates: TBA

- L-10-TA
- L-10-TB
- Introduction to Prayer and Intercession (IP)
- Advanced Prayer (AP)

Requested Venue Additional Details

The schedule will still be Schedule A unless otherwise requested and agreed.

The dates for the weekend need to be agreed.

Responsibilities of the people inviting Willem Joubert:

They need to supply

- The venue, microphone and loudspeaker (Willem's voice is soft).
- Food and tea/coffee for the participants where required
- a data projector and facilities to play DVDs
- Accommodation for Willem (guesthouse/hotel) and food for all meals.
- pay all traveling costs from Germiston to the venue
- pay an honorarium to the speaker for his time
- Pay for the material: Whether Willem brings it or they make it (R160 for L-10-TA; R50 for each of the prayer courses and ~R80 for L-10-TB)